



Equestrian Summer Camps

C.E. La Gerencia

PLEASE READ THIS GUIDE WITH YOUR CHILDREN

What to bring

Please avoid bringing valuable items.

Gaming consoles are not permitted (psp, nintendo, smartwatches, etc ...).

It is not necessary to bring a camera: at the end of each period we give you the link where the photos of your camp are published in a strictly private way.

Mobile phones, tablets and computers are kept in the office, and can only be used on the days and hours of calls.

In stays of 2 weeks we wash the clothes daily, until the last Tuesday.

For stays of 3 or more weeks we wash daily until the last Tuesday.

In weekly stays it is very useful to put the change of clothes and nickname that you are going to use each day in bags; That way you will only have to take the bag from Monday, Tuesday,... and put the dirty clothes of the previous day in it.

PLEASE ONLY BRING WHAT IS NECESSARY, which is:

- Swimming costume and beach towel.**
 - Riding hat, riding boots (and chaps if jodhpur boots)**
 - 3 pairs of jodhpurs.**
 - Body protector (optional, can be provided)**
 - 2 jumpers or sweatshirts**
 - 1 light rain jacket**
 - 1 pair of trainers or sport shoes**
 - Slippers**
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 - 4 knickers and 3 bras or crop tops**
 - Towel and toiletries** We recommend thin microfiber towels. *Please don't forget lice repellent shampoo and lotion.*
 - INDISPENSABLE: Passport, European Health Insurance card (EHIC) o Private Health Insurance valid for Spain.**
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Collection from the airport/bus terminal

- Campers travelling alone will be picked up by a staff member of La Gerencia from BILBAO
- Transfers between 16:30 and 21:30 are FREE OF CHARGE. At other times, or if the meeting point is outside Bilbao (Such as Santander), a sum of €50 will be charged per student and transfer.
- It is very important that you call us before booking your child's ticket if they are underage and travelling unaccompanied. This is so we can let you know details of the person who will be coming to collect your child. These are needed to supply to the airline when booking. Without these details we will be unable to collect your child from the airport.
- If you are booking a flight for a minor via the INTERNET please ensure that the airline allows them to travel unaccompanied. You might find that once at the airport they do not let your children travel.
- Do not forget to check-in on-line TWO days before travelling, although airlines reserve the right to give up your place if you have not shown up 2 hours before boarding. For departures we will make sure to do this.
- Please send in due time the full details of travel (origin / destination, departure and arrival time, airline and flight).
- It is important that we are given your child's mobile number so that we may contact them if necessary. We will provide the mobile number of the person responsible for picking them up. Our contact phone number is ++34 640 375 608.

Reception into the camp

- **If you are dropping your child off, the drop off hours are** on **Sundays between 9:30 and 13:30.**
- **If your child is arriving by plane and we are picking them up, please let us know with plenty of warning** what time we have to pick your children up from the airport/bus terminal.
- If a child is arriving outside of these reception times, please let us know in good time.
- **On the day of arrival, we will try and check your child in as fast and efficiently as possible, bearing in mind that many of you have long distances to travel back home.**
- Please contact us by phone or email to resolve any queries beforehand.

Calling home

Exclusively FRIDAYS and SUNDAYS (except arrival Sunday) from 9 pm to 9.30 pm.

Although parents of children under 12 years of age are able to call us the first few days so we can inform you on how they are adapting. These phone calls should be made between 13:30 and 14:00 or 20:00 and 21:00.

USE OF MOBILES: Mobile telephones are kept off and safe in La Gerencia's office and are given out only on the days and times specified **previously**. Any mobiles that have not been handed in may result in expulsion with no possibility of a refund.

A day in a camp at La Gerencia Equestrian Center

We provide horse riding lessons in groups made up of children of the same level in every discipline; dressage, show jumping and cross country, and also in vaulting.

A typical day consists of:

- **4 hours of riding**, split between the morning and the afternoon. These consist of dressage, jumping, cross-country, position and vaulting **classes**.



- 2 hours of theory: Veterinary **care**, feeding, breeding, basic anatomy, **equitation**, documentation and regulations.
- Stable Management: bandages, plaiting, lunging, clipping...
- Free time activities (always accompanied by a teacher): including games, beach time (as you can see in the pictures we are at the foot of **the** beach), hiking, barbecues, dances, songs, storytelling.

A normal day is as follows:

- 8:45 am: Breakfast.
- 9.30 am: Riding lessons.
- 14.00 pm: Food.
- 16.30 pm: Riding lessons.
- 21.30 pm: Dinner and evening out.

Every day children are given 2 hours of free time (always accompanied by teachers), plus some time to rest after eating.

Every night after dinner, we spend the evening playing games, dancing, telling jokes etc. We also pass the time by reading messages from our famous 'messages box', in which pupils are able to write encouraging messages to one another on their progress throughout the week.

We have three different times to go to sleep so that the more tired children are able to sleep earlier. However, the majority prefer to wait **until** the last turn when the teachers can hardly keep their eyes open!.

We provide homemade food and boarding in a private residence, a beautiful 19th century **Irish** house that has been refurbished and extended especially.

At all times the children are under the supervision of the staff of the equestrian center.

Information from La Gerencia Equestrian Center to parents

The first few days are **tiring** and some children may require a longer period of adaptation. We ask that you trust in our 30 years experience of camps and **work** with us to help your children to adapt to life at these camps.

You can be sure that no decision (horse allocation, grouping, who they share rooms with) is taken lightly.

We know how hard it is to trust people with our children, but as parents ourselves we will aim to treat your children as if they were our own.

If the staff notice any problems in settling in or out of the ordinary, we will make sure to contact you immediately so that we are able to understand and resolve these issues.

Family members are not allowed to stay in the riding centre during the riding camps apart from the Saturday when the campers are leaving. On this Saturday you are able to watch your child as they ride and show off the skills **they have learnt** during the camps.

Do I need pocket money during the camps?

To avoid money getting lost, we prefer that you leave it in the office at La Gerencia when you get here. A record of how much each camper is using is kept. We recommend a daily limit of 2 or 3 €. The bank opens once a day.

If for some reason a child needs more money, we will give it to them with your permission.

We accept no responsibility for the loss of money or valuables if they have not been handed in to La Gerencia Equestrian Center.

Code of conduct for our riding camps

Our aim in these camps is to offer a friendly and comfortable environment whilst at the same time being fun and educating. The following rules have been put into place to ensure this.

In order to attend the camps, you must accept the terms and conditions:

1. You must respect the facilities and materials provided at La Gerencia. Damages caused on purpose will have to be paid for by the pupil.
2. You have to keep your room tidy and make your bed every morning. The sheets are changed weekly or more frequently if required.
You are not allowed to keep food or drink (apart from water) in your bedroom, you have to keep it in the kitchen. We have space for diabetic children to keep extra food or drink as required.
The bedrooms are only for sleeping and each camper must sleep in their own allocated beds. Games and socialising is undertaken in places that have been specified. You are not allowed to enter into the bedrooms during class hours and activities apart from illness.
3. Respect the timetables. We ask that you do not annoy your fellow campers during resting hours.

4. (For stays of 2 weeks or more) At night you must leave dirty clothing in the baskets provided. There are no washing services for stays lasting 1 week or less. To save time we only wash riding clothes and underwear (apart from pupils that are staying for a month).



5. **We receive weekly visits from a doctor.** In the case that we have to take any child to the doctors, **IT IS VERY IMPORTANT YOU FILL OUT THE ADJOINING MEDICAL FORM.** If the camper has to take some prescribed medicine, we ask that you label it with their name, the dosage, the time it needs to be taken etc. It is strictly forbidden to use ASPIRIN, and the use of any type of medication without a prescription.
6. Under no circumstances will mistreatment of horses or tack be accepted.
7. The decisions of instructors need to be respected in and out of classes.

In the rare case that a camper's behaviour negatively influences others, we will be made to expel them without possibility of a refund. Before expelling all possible methods will be used to avoid this.

Can I bring my horse or pony with me?

If you want to come with your own horse, we offer a **free** livery service on stays **2 weeks or longer**. **WE DO NOT ACCEPT STALLIONS**

- Under no circumstances will unvaccinated horses be allowed to come. They need to be vaccinated against Equine Influenza and Rhinopneumonitis at least 6 months before and at least fifteen days before its entry into our Equestrian Centre and wormed at most the previous month.



- It is obligatory to show a valid passport that has been stamped by a vet. Insurance for third party damage is also required.
- You will have to bring sufficient food for the whole stay. Changes in diets have to be made slowly and so, for such short stays it is best to keep their feeds the same.

Departure from the camp

On the day of departure, Saturdays before lunch, you have the opportunity to ride in front of your friends and family.



Your children will let you know the timings on the previous Friday when you talk to them on the phone. We try to make things possible for everyone to see their children riding. It is not obligatory to watch/ participate in these activities.

Through this exhibition, we thank you for having confidence in us. Our goal is that you enjoy a special, intense, happy camp filled with friendship and riding.

We only want that you all want to return the next year. And for those of you who are returning, some for the fifth or sixth year, we can guarantee that the camps continue to be as you know them; special for horse crazy people!.
